

Job Description

Job Title: Dietitian
Accountable to: Deputy Head of Healthcare
Location:

Practice Plus Group's mission is **Access to Excellence**. Our core values are;

- we treat patients and each other as we would like to be treated
- we act with integrity
- we embrace diversity
- we strive to do things better together

Patients can only access excellence if we commit to living our values in everything we do when we're at work.



We believe in putting the patient first, regardless of the environment or their history. The prison population is one of the most vulnerable and challenged patient groups in society and the delivery of their health care is conducted within often difficult and demanding environments.

The role

As the Dietitian, you will develop and deliver a high-quality dietetic service within the prison healthcare setting, ensuring that individuals in custody receive equitable access to nutritional care comparable to that available in the wider community.

You will utilise advanced clinical knowledge and expert dietetic skills to provide holistic, patient-centred care, supporting individuals with a wide range of nutritional needs and complex health conditions. Working autonomously, you will manage your own caseload and deliver a comprehensive dietetic service, including specialist assessment, diagnosis, treatment, monitoring, and evaluation of nutritional interventions.

The post holder will work as an integral member of the multidisciplinary healthcare team, contributing to the prevention and management of long-term conditions, improving health outcomes, reducing health inequalities, and promoting healthier lifestyles within the prison population.

Provide outstanding evidence-based care to our patients, seeking out, listening to and acting on their feedback, so that care is personalised and informed by what matters to them; resulting in holistic plans of care for all patients on your caseload. You will provide clinical leadership for dietetic pathway within the prison. Working in a multi-disciplinary team made up of a variety of registered and non-registered professionals including; primary care, mental health, social care, end of life care and substance misuse practitioners. You will act as a role model ensuring professional appearance and maintaining professional standards at all times.

Deliver excellence in all areas of your role. Deliver non-judgemental, compassionate care within the prison that is safe, high quality and in line with CQC requirements. This will be achieved through adherence to policies and procedures and compliance with statutory responsibilities whilst driving excellence.

Inspire your team and the wider Integrated team to deliver high quality care and effective interventions to patients within the prison. Inspire trust and excellence in your team by pro-actively leading the service and motivating the team, recognising that our workforce is our most valuable asset.

Promote best practice, clinical supervision, evidence-based care and continuous quality improvement, embedding a culture of shared learning. Contributing to the wider governance framework to promote learning and best practice.

Share knowledge, skills and expertise in dietetics to ensure safe care and the building of a strong multi-disciplinary team. Whilst undertaking informal/formal training with peers to ensure safe and robust care to patients in the speech and language pathway.

About you

- Recognised Dietician Degree Qualification or equivalent.
- Experience of working as a dietician in a large multi- disciplinary team,
- Health Professions Council– Licence to Practice.
- Evidence of Continued Professional Development
- Understanding of the complexities of multi-disciplinary and multi-agency working
- An non-judgmental and compassionate approach
- Excellent communication skills
- Understanding of clinical governance, health and safety, QOF.
- Good IT skills and IT literacy and care plan formation
- Knowledge of healthcare policies and best practice
- Proactive problem-solving skills
- Flexible attitude to working arrangements
- Motivated as an individual and when working in a team
- Able to work within a busy environment
- Willing to learn and develop being committed to self-development
- Patient centred values

Roles and Responsibilities

- Deliver a comprehensive dietetic service to patients within the prison, managing a varied and complex caseload.
- Undertake specialist nutritional assessments and develop evidence-based treatment plans tailored to individual patient needs.
- Provide expert dietary advice and interventions for patients with a range of clinical conditions, including diabetes, cardiovascular disease, gastrointestinal disorders, malnutrition, obesity, and food allergies or intolerances.
- Monitor, review, and evaluate patient progress, adjusting care plans as required.
- Work collaboratively with healthcare professionals, prison staff, catering services, and external agencies to ensure effective nutritional care and support.
- Provide nutritional education and health promotion activities to individuals and groups, supporting behaviour change and self-management.
- Advise on therapeutic diets and specialist nutritional requirements, ensuring these are appropriately implemented within the prison environment.
- Maintain accurate, timely, and comprehensive clinical records in accordance with professional and organisational standards.
- Contribute to service development, quality improvement initiatives, clinical audit, and the implementation of evidence-based practice.
- Support the training and education of healthcare colleagues and other stakeholders on nutritional care and dietetic best practice.

- Work in accordance with HCPC standards, BDA guidance, clinical governance requirements, and all relevant healthcare and prison policies.
- Assess, manage, and support patients presenting with eating disorders and disordered eating behaviours, working collaboratively with mental health and primary care teams to provide holistic, patient-centred care.
- Work closely with prison kitchen and catering staff to ensure menus meet nutritional standards, support therapeutic and specialist dietary requirements, accommodate cultural and religious needs, and promote healthy eating initiatives across the prison population.



Additional information

Disclosure and Barring Service- a Disclosure and Barring Service disclosure at the enhanced level is required for this role. A risk assessment will be undertaken if necessary.

Prison Vetting- a HMPPS (His Majesties Prison and Probation Service) clearance is required for this role in accordance with Ministry of Justice, plus local prison vetting.

Education and Training- continuing professional development is encouraged and an annual appraisal system is in place to discuss ongoing objectives and support revalidation.